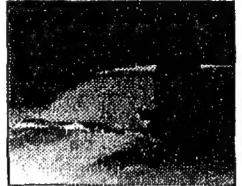


INSIDE:

♦ It's all in the shake
page 3



♦ Students warned about the 'date rape drug'
see *Medical News*, pages 6-7

The

The Gateway

University of Nebraska at Omaha

Friday, October 25, 1996

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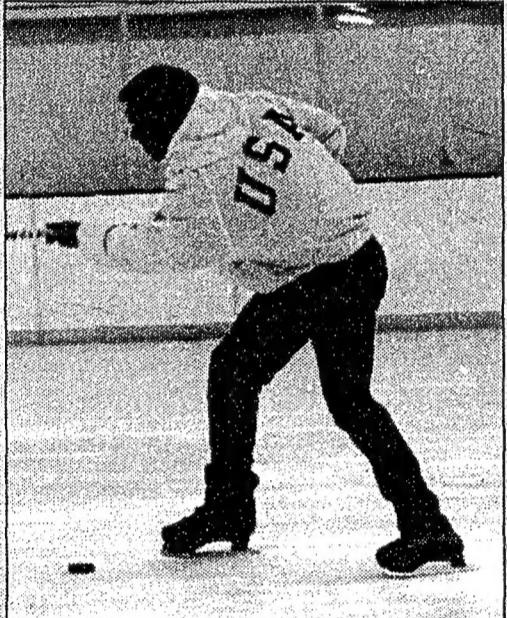
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to make her mark
page 8

♦ Mav and Lady
Mav starting
routers
page 10



Facing off ...



-Lisa O'Bradovich



-Lisa O'Bradovich

Congressional Candidates Jon Christensen (left) and James Martin Davis faced-off in a shoot-out contest at Tranquility Ice Arena Tuesday morning. The shoot-out was sponsored by the Z-92 FM radio morning show.

New Location, Availability Help Organizations Grow

BY LAURA SETLAK

With a brand new food court, more lounge space, and more centralized offices for student organizations, the newly-renovated Milo Bail Student Center (MBSC) offers students the chance to get involved in campus activities.

Tara Knudson, director of Student Organizations and Leadership Development (S.O.L.D.), said that because organizations such as student government, Student Programming Organization (SPO), and the American Multicultural Society are located close to each other on the first floor of the Student Center, they have the opportunity to attract many more students and network with each other.

"I think the new configuration of all the student-fee-funded groups here on the same floor right across from the S.O.L.D. office will help the networking between the main organizations, and hopefully the co-sponsorships will snowball to more visibility and more students will notice and become involved," Knudson said.

This involvement of many different students will also help to attain one of the main goals of the new Student Center, said Guy Conway, MBSC director: retaining students.

"The staff and I want to bring up the caliber of our programs to the same physical caliber of the building," Conway said. "It is more important here than at a residential campus (to centralize student life on campus). The options of dormitories and fraternity or sorority houses aren't here. Through our student organizations, students get involved, have pre-professional opportunities, and are entertained."

Knudson agreed that having student organizations centralized should be beneficial to overall student involvement.

"Having a larger place to gather and a more inviting place for students to hang out in and interact with each other and meet new people will increase the chances that someone will want to get involved in the organizations," Knudson said. "I have seen an increase [in student involvement] and will continue to see an increase because of this."

This increase in student involvement, however, is not always easy to achieve, Knudson said. Some students need guidance to bring them in the right direction.

--see *Grow*, page 3--



Top Students Among New Golden Key Members

BY MELISSA PORTELL

The UNO chapter of the Golden Key National Honor Society held a reception honoring new members, October 20 in the Ball Room of the Milo Bail Student Center.

In his introductory speech, Dale Bunsen, professor of Science Education, said the major function of Golden Key is to "acknowledge, honor, and reward high academic achievement."

Bunsen, retiring from his position as UNO's Golden Key Chapter Advisor, was also the keynote speaker. He began his speech by saying he was not going to

talk about achievement. "Every one of you here has been there and done that," he said.

Instead, Bunsen talked about leadership.

He said leaders "have to have a vision and that vision is that there aren't any upper limits." He added, "leaders are people who spend their time looking for things to do for people." Bunsen stressed "there are no limits to the heights the human mind and spirit can rise."

Sharon Einspahr, Golden Key's

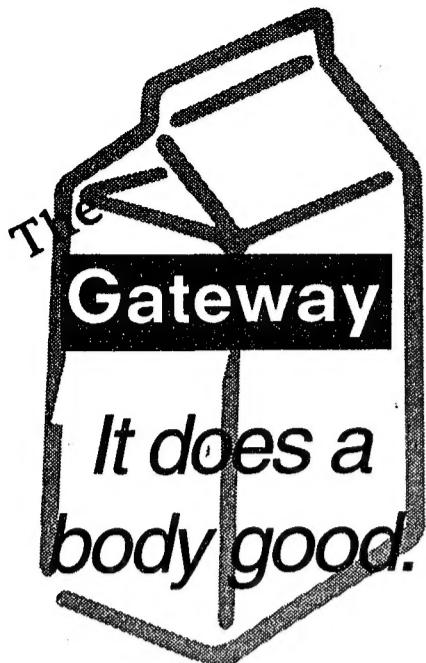
Resource Coordinator, delivered a tribute to Bunsen.

Bunsen, a founder of UNO's Golden Key Chapter, was named 1996 Advisor of the Year in the Central Region.

"Golden Key stands for community service," Einspahr said. Some of the community activities planned for members include a trip to Children's Hospital on Halloween.

--see *Key*, page 2--

Members of the Association of Latino American Students (ALAS) gather for a meeting Wednesday. Members, from left, are Lupe Rosas, Sara Lapacek and Marissa Rodriguez.



Corrections:

In the story "Multicultural Group Aims to Unify Students" from the Oct. 22 issue of the *Gateway*, the Unity Planning Committee (UPC) was incorrectly identified as the Multicultural Programming Committee (MPC).

In addition, the story "Harassment Policy Under Question" incorrectly said Vice Chancellor of Student Services Mary Mudd handles all sexual harassment cases. Barbara Hewins-Maroney, executive assistant to the Chancellor, handles sexual harassment cases for the university.

Rescue techniques refresher course



Rod Ekstrom, Outdoor Venture Center instructor, (left), Susan Albright and Toni Dean practice lifesaving techniques Tuesday evening in a stairwell in the HPER Building. This was the second workshop out of a series of three rockclimbing technique sessions offered by the Outdoor Venture Center.

Crusher, pumper and slider It's All in the Shake

BY KARA SCHWEISS

Handshaking is a customary and appropriate greeting used to make contact in social situations such as business meetings, the playing field, and church. Most of us get plenty of practice at this seemingly simple custom. So why are so many people unable to give a decent "firm" handshake? The worst offenders are easily recognizable.

The Bone Crusher: This person equates a firm handshake with a painful one. When caught in the grip of a crusher, your hand is compressed so firmly that tears come to your eyes. You can wince and gasp, but the crusher is oblivious to your agony. As your fingers are crunched together, blood circulation to your hand temporarily ceases. Normal sensation does not return for several minutes, sometimes even hours.

The Possessor: This shaker takes your hand — and keeps it. You may try to tug your hand gently away, but any subtle efforts to release your hand from this person's grip are met with increased clutching. As the possessor chatters on, he or she continues to hold your hand tenaciously, sometimes even using two hands to trap yours and prevent its escape. You must ultimately jerk your hand violently out of this person's grasp, or resign yourself to prolonged, intimate hand-holding.

The Limp Piece of Meat: This individual's floppy hand feels like a warm slab of raw liver. The limp tissue acquiesces like dough to any of your efforts toward a mutual grasp. There is no discernible muscle strength or underlying bone structure in this weak appendage. You are left with the unpleasant feeling that you just squeezed a dead animal.

The Princess: This is the woman who holds out her hand palm down, as if expecting you to bestow a kiss on it. If you do make the mistake of actually kissing her hand, she will doubtless react with horrified indignation. Although you are tempted to forcefully twist the royal hand into a more traditional shaking form, for the sake of courtesy you end up taking her hand awkwardly and shaking it in

whatever position you can.

The Pumper: This individual vigorously pumps your arm up and down as if your hand is a cow udder and the shaker expects milk to spurt from your fingertips. This person will continue to work your arm up and down until your eyes roll into the back of your head and your teeth rattle together. The ordeal usually leaves you with double-vision and ringing ears.

The Fingershaker: This person approaches your hand as if it were infested with repugnant bacteria. When you try to push your hand in for solid contact, this person pulls their hand away from you, leaving you to shake their fingertips and making you feel as if your touch is intolerably repulsive. He invariably wipes the offended hand on a pant leg when the handshake is complete, prompting you to go wash your hands with antiseptic soap, gargle with mouthwash, and check your deodorant.

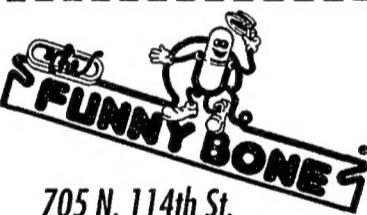
The Bonder: In any situation where a simple handshake will do, this shaker insists on running you through an elaborate ritual comprised of high-fiving, sign language, and complex hand signals. If you try to politely decline the choreography demonstration, this enthusiastic individual will grab your wrists and fling your hands around like puppets until you grudgingly participate. You will only escape if you let this person think they taught you something useful.

The Slider: This handshaker sweats even in subzero weather, always leaving a slick coating of perspiration on your palm. His or her wet hand must be gripped tightly, or it will slide right out of your palm. The worst time to encounter a slider is when you have additional people to shake hands with — enough sweat will remain on your hands to transfer to three or four other people, making them think you are the one with the problem.

Of course you never are, though, because your own handshake is always ideal and "firm," . . . right?

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The *Gateway* is published by the University of Nebraska at Omaha Student Publications Committee on Tuesdays and Fridays during the spring and fall semester and on Tuesdays during the summer.

Opinions expressed are not necessarily those of the University of Nebraska at Omaha or the NU Board of Regents. Opinions in signed columns, letters to the editor or paid advertisements do not necessarily reflect the opinion of the *Gateway* staff or the Publications Committee.

Inquiries or complaints should be directed to the editor, advertising inquiries should be directed to the advertising manager. Copies of the Student Publications Committee inquiry/complaint policy are available at the *Gateway* office.

The *Gateway* is funded as follows: 70

percent advertising revenue, 30 percent student fees allocated by Student Government. Typesetting and makeup by the *Gateway*.

Address: *Gateway*, University of Nebraska at Omaha, South 60 and Dodge Streets, Omaha, NE 68182-0197. **Telephone:** (402) 554-2470.

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One per student, 25 cents each.

**Alpha Xi Delta
Welcomes
our national president**

Linda Dinus

Sunday, October 27, 1996

--from Key, page 1--

UNO's chapter is competing with others in the Central Region to see which one can collect the most pop can tabs for the Ronald McDonald house.

Delivering greetings from the National Headquarters of Golden Key, special guest Kali Kirkham Boatright, director of Public Affairs, noted the many improvements made to UNO in the last few years. Boatright, who visited UNO five years ago, said about the refurbished Student Center, "It's beautiful. What a change from the last five years."

During the ceremony, newly inducted members of the organization received a certificate and lifetime membership. Membership is by invitation only, and participation is voluntary. Invitations are given to undergraduate juniors and seniors of any major who are in the top 15 percent of their class. Benefits of membership include annual publications, career assistance, opportunities for volunteer work, leadership experience, and scholarships.

Two new members received Golden Key/Peat Marwick scholarships. The senior recipient was Everta Anja Andersson, a Writer's Workshop major. The second scholarship went

to Elise Henry, a junior Biology major.

Bunsen extended a challenge to new members. "My challenge to you is this: teach," Bunsen said, emphasizing the necessity of teaching civility. "It seems to me we're sort of losing it."

He said street violence and shootings were examples of this loss of civility.

Honorary memberships, signified by a certificate and a medal, were presented to UNO professors Tommy Thompson of the history department, H. Carl Camp from political science, and Carol Mitchell of teacher education.

The Dale M. Bunsen Award, for students who serve as Golden Key officers, was divided between Corresponding Secretary and Public Relations officer Kevin Karmann and President Tonia Rogers.

Golden Key Achievement Awards, for meritorious service to the Society, went to Deanna Walter, Bradley Walter, Anthony Rogers, and Odelia Rogers.

An international, nonprofit organization, Golden Key has 244 chapters throughout the United States, Puerto Rico, the Virgin Islands, and Australia. It has more than 650,000 lifetime members and 7,000 honorary members.

**Writers and
photographers
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--from Group, page 1--

in a very vulnerable period. Many students who have been free-thinkers or skeptics are susceptible to groups that preach to them. CFA would be there for young free-thinkers to provide a place for them to express themselves.

"One of our goals is to provide education on critical thinking," he said.

Cherry said, "Humanist and secular humanists have a lot of moral beliefs."

CFA could give non-believers an opportunity to join a group, get involved in leadership and their community, and take part in philanthropic activities, Cherry said.

In their founding document titled "A Declaration of Necessity," the CFA founders wrote, "As members of a small but significant minority, we have often been forced to reside in a social environment caustic to our needs, interests and convictions."

In November the group will meet again in Amherst, New York to try passing a constitution, Araujo said. The group already has about a dozen chapters on campuses and has made contact with interested free-thinkers and skeptics in Canada and as far away as New Zealand.

Back to reality...



Jeff Chase

The city of Omaha received an early winter welcome Tuesday. Many students, such as Alicia Heavey, found themselves scraping snow and ice off their cars and slipping and sliding on their way to classes around campus.

--from Grow, page 1--

"It takes an experience sometimes to convince someone (it's worth getting involved). It's kind of that vicious circle where you need to get them involved in order to show them it's worth it and that it's fun," Knudson said. "I think that what it takes is an extra effort on those students that are involved to grab others and pull them into an organization."

A common misconception, Knudson said, is that many students are apathetic and not willing to get involved.

"Some of those students people think are apathetic maybe just don't know how to take that first step and if you grab their hand you'll find that they are not apathetic at all. They just don't know how to start," Knudson said.

The first step in this effort is making students aware of what is going on around cam-

pus, Knudson said. After awareness is achieved, "it might just take some more effort from the enthusiastic students and hopefully it'll be contagious."

Once this interest is established, students begin to gain skills that will benefit them in years to come. From these skills, Knudson said, students will gain confidence and the drive to show others what they have accomplished through their organizations.

Several of these organizations are centrally located on the first floor of the MBSC, and just bringing these students into the building itself, said Conway, exposes them to what the new Student Center has to offer and adds to campus life.

"It was a monumental undertaking," Conway said. "It is very beneficial to the university."

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Opinions & Editorials

'Don't Take Sides'

Dear Editor:

It had crossed my mind in the past few weeks about the *Gateway*'s position concerning the elections for student president regent.

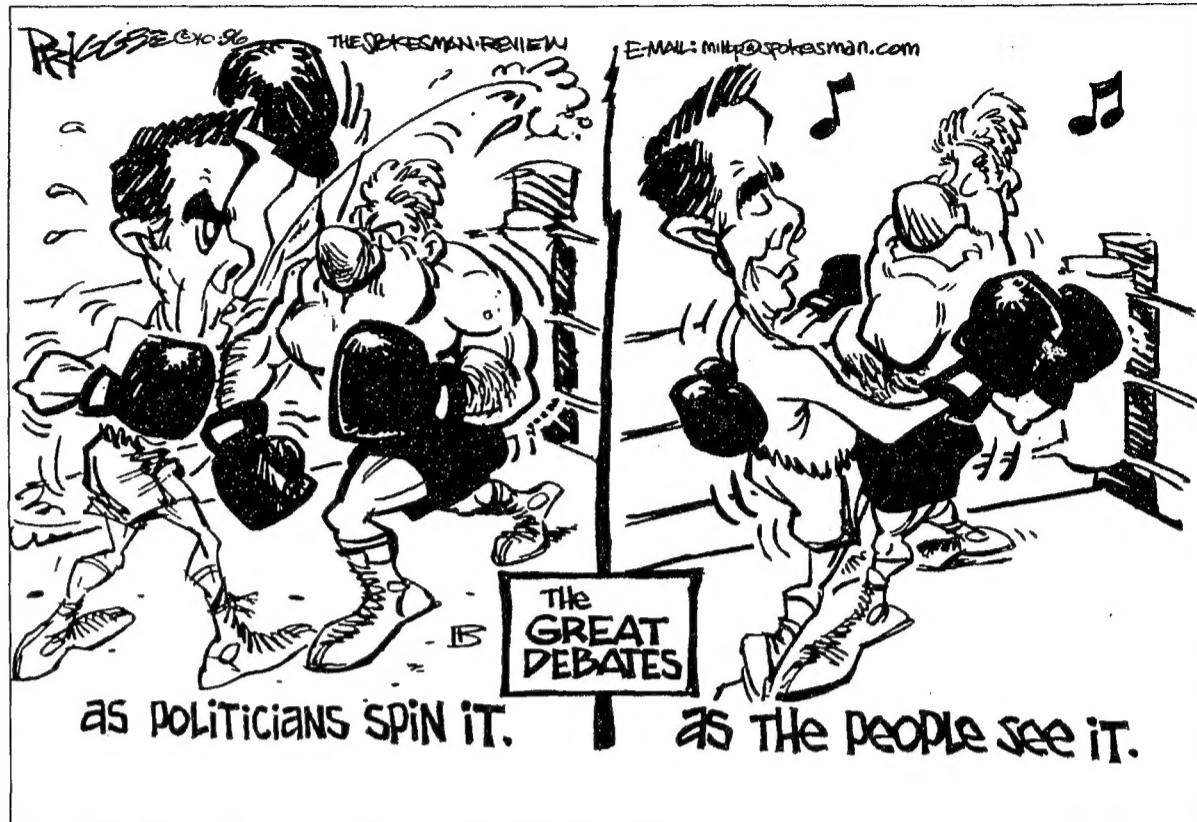
It was clearly obvious to me and to many other people I had talked to that the *Gateway* had taken sides (although not publicly.) If the *Gateway* staff wanted Jason Winterboer to win the election for president regent, then come out and say it. It was obvious to anyone with common sense that *Gateway* staff was trying to tarnish William Waller's campaign by printing information on the October 15, 1996 issue of the *Gateway*, that you don't even know if it's true, it's all just he said and she said. So if you are going to print something, make sure you have sources to backup what you are printing.

The *Gateway* should also thank Waller for handing out *Gateway*'s during his campaign, otherwise they wouldn't have even been read.

The *Gateway* is a student newspaper, paid for and run with student funds allocated from student fees. So I would suggest not taking sides unless it is the wish of the student body.

Tony John
UNO Student

The Gateway is funded 70 percent through advertising and 30 percent by student fees, at a cost of \$1.67 per student. --Editor



Politics, ads, sermons, campaigns...

Marketing Tactics Create Population of Sheep and Cynics

Seems like a lot of what I hear, read, or see these days is in the form of a sales pitch. I'm not exactly sure why this is the case, but I've been noticing it everywhere.

In this year's presidential campaign, for instance, the deciding factors are not the issues, but the marketing strategies.

Sure, the issues play a part in the process for that percent of the voting population that can tolerate the sound of the candidates' voices over long periods of time. These folks must possess a long attention span (a rarity) and the ability to divorce the real issues from the sound bites, rhetorical posturing, and image-fixing that have come to characterize contemporary politicking.

A significant group of voters, however, rely on impressions and gut feelings — on whether or not they 'like' a candidate. 'Liking' a candidate has nothing to do with issues, and everything to do with image. So the candidate with the best marketing plan wins these votes. Thus, the big contest in election years is which candidate can concoct the most appealing image.

The marketing mentality has even crept into churches and classrooms. Not long ago I visited a church whose pastor was, apparently, something of an expert on marketing techniques. He used a number of them in his sermon. Every positive example he gave was self-referential, using examples from previous sermons and his own church to illustrate all his positive points. What's more, since his sermon was self-referential, it was rather shallow, lacking any real lessons from life experi-

ence. (It might be like going to a class and listening to a lecture about a previous lecture.)

The result may be a positive self-image for his congregation. But it will be a congregation that feels good about its ignorance.

This works because the 'pitch' (or sermon, or speech) is not in the form of an authoritative figure trying to shame the listener into doing certain things. (Not too many people are into shame these days, you know.) Rather, the speaker makes every effort to come across as a buddy, entertainingly encouraging and legitimizing desires that are already there.

As long as all you want to do is steer existing desires in a certain direction, this winsome, yet sophisticated, technique works. A good marketer can pull the right strings and easily influence people to fulfill their desires in any manner he sees fit.

The only problem is that it helps to reduce the American populace to sheep, which is good for marketers (and, of course, the product), but bad for society.

When politicians rely on marketing techniques to win elections, rather than speaking at length and in depth about the issues, they may win elections — but they contribute nothing to society. They do not inform, educate, or enlighten anyone when they work so hard to polish their images.

In fact, they propagate ignorance. Because the marketing approach works so well, politicians are eager to employ it

whenever possible. And the more they rely on it, the less they concentrate on the issues. And the less they address the issues, the more ignorant the voters become. And dumb voters are easy to shepherd around.

This, obviously, is not desirable. But there is good news.

The good news is, not everyone is fooled all the time by the marketing techniques currently being employed by politicians, preachers, and instructors.

The bad news is, those who are able to see through the 'image' game often turn to cynicism.

(Just as a side note, it is interesting to see that now there are even some advertisements which are cynical themselves, mocking advertising, the very thing they are doing. Perhaps they are simply trying to tell the cynics what they want to hear — that they are right.)

That many people who have the lucidity of thought to understand that they are being manipulated resort to cynicism is, however, a disaster in my mind.

For, on the one hand, we have sheep too unaware to know they are being manipulated, and on the other we have cynics, too negative and self-absorbed to help the situation.

Add to that the possibility that advertisers, politicians, preachers, etc., may increasingly turn to cynicism in their marketing efforts, and one has to wonder if sincerity and conviction will be possible or even recognizable in the future.

I wonder if there's any way back (or forward) that will enable us to somehow avoid the two extremes of ignorance and cynicism.

On the Campaign Trail, 'Hagel Being Wrongly-Accused'

On a campaign trail that focused on being issue-oriented throughout most of its tenure, a fork was abruptly thrown in the road to the Senate in the race between Gov. Ben Nelson and Chuck Hagel. The bickering and untruths have begun to shape this race into one less desired.

Shortly after one poll showed Mr. Hagel in a dead-heat with Gov. Nelson, the negativity surfaced through a half-million dollar media blitz by Nelson. These ads were not due to insufficient character, as is the case in the presidential race. Hagel has plenty of character to fulfill the role of U.S. Senator. He is, however, being wrongly accused of wanting to cut and eliminate student loans, to decrease Medicare benefits, and even make drastic cuts to governmental programs that would devastate our society. This is an outright farce.

I find it ridiculous that Republican candidates have to continually be on the defensive when it comes to these issues. Instead of allowing them to present their philosophies on various issues, they have to counter a wrongly-made statement from their opponents. This has become Gov. Nelson's forte.

Hagel has never said he would cut or eliminate student loans. He feels it necessary to protect our children and teachers, and realizes the benefits of the student loan program. Nelson could not give any documentation of his false claims. Medicare is not going to be slashed under the Republican plan, either. How can these outright lies be made, you ask?

Well, the Democrats choose to deceive the voters with a tactic straight from their liberal playbook.

When a discrepancy is found in different programs between the two parties, it is immediately attacked and consequently labeled a "cut" by Democrats. Nothing could be further from the truth. Under the Republican plan, both student loans and Medicare are increased. Let me try and explain this procedure. Budget proposals are made years in advance. Both parties have to map out these proposals to show their desired economic strategies. Republicans have only slowed the growth of those increases in response to the economy, not cutting the programs themselves. Therefore, there is no actual "cut" to these programs, as the Democrats have heavily emphasized.

If attacks are to be made, let us look at the track record of Governor Nelson. He has not kept his promise to the constituents of Nebraska. When running for another term as governor in 1994, he said he would complete his tenure and not aban-

--See Guilfoyle, page 11--

Driver's License: More Trouble Than It's Worth?

On October 12th, I celebrated my birthday. The friendly people from the Department of Motor Vehicles sent me an early birthday card. Actually, it was a renewal card telling me I needed to renew my driver's license before my birthday. I was not excited about my birthday, because I began to remember my previous experiences at the Department of Motor Vehicles.

Getting a license is a big hassle. The Department of Motor Vehicles has a line for this and a line for that. You could actually stand in a line for 10 minutes, before realizing that you need to be standing in another line.

The long lines, unfriendly employees, and inconsiderate customers make a simple procedure seem like a difficult task. Despite the location or time of day, employees fail to provide adequate customer service.

The day that I renewed my license was quite an experience. An employee could not communicate with a Spanish-speaking customer. The man was trying so hard to explain his situation, but the more he talked the more the employee became annoyed. The employee's attitude was very unprofessional. She began to raise her voice and point at the signs. Within a few minutes, a woman who knew Spanish intervened and assisted the gentleman.

The time it takes to obtain a license is absurd, especially if you have to take the written test. When I arrived at the Department of Motor Vehicles, I was number 87. No problem. Much to my surprise, the employee called number 75. I knew that I was going to be there for a long, long time.

Believe me when I say that I am an expert in this field. I have a bad history with maintaining a license. Within the past two years I have obtained three duplicates.

Obtaining a driver's license is hard, but keeping up with it is even harder.

My parents made me take drivers' education classes. They believed that these classes would get them a discount on their automobile insurance, while I would learn about being responsible. The classes lasted eight weeks, but in the eyes of an impatient teenager, they lasted an eternity. Two good things came out of these classes. Not only did I pass my test, but I met my husband.

Soon after I was issued my first license, I lost it. At first I was reluctant to tell my parents, but they soon realized a change in my driving habits. I no longer volunteered to run errands or drive to school. I finally found it, but this was only the beginning.

Two years ago, I lost my driver's license dur-

ing the holiday season. I picked the wrong time to lose it. The police heavily patrol the streets and highways. My mother was out of town for the holidays and I decided to drive her car. Wrong idea.

On New Year's Day, I was pulled over for speeding. During the traffic stop, I realized that I did not have my license, proof of current insurance or tags. My mother's tags expired on New Year's Eve and she forgot to put the new insurance cards in the car. The officer could have given me two or three tickets, but he sympathized with my situation. He let me off with a warning.

I searched for my license without any success and finally decided to get a new license. I thought that my problem was solved. I was

wrong. The following week, a local department store informed me that a young woman tried to use my license as proof of identification. She was trying to return stolen merchandise. At first, I wondered whether this was a hoax, but the manager reassured me that it was for real.

Who would have thought that someone would use my license for illegal purposes? I thought that whoever found it would drop it in a mail box or use it to get into a bar. Thoughts were

running through my mind. This woman could have stolen my identity and committed crimes. I could have been a guest on "Sally." I soon realized that I gave the woman too much credit.

Only two days later, the same woman tried to do the same exact thing at another department store. This time the store caught the woman and confiscated my driver's license. As a result, I had to file a police report and apply for a new driver's license number.

Of course, the bad memories caused me to wait until the day before my birthday. Only a few incidents caused the experience to be a burden, but I got my new license.

Send a letter to the editor.

Be sure to include your name, address and phone number (although the last two will not be published, they are used for verification purposes.)

for complete letter policy, see page 2



"Is a person any less responsible for a crime if they're raised in an environment where crime is more likely?"



Chad Tiaden
Sophomore finance and
banking major

"No, because the person is ultimately responsible for their actions. Although the environment may play a role in crime, the person still has to be held accountable."



Theresa Tucker
Political science major

"I advocate variability in particular punishments. There is a gray area concerning the extent or degree the person is responsible, but I do feel, to ensure social order, all people are responsible for their crimes."



Randy Rose
Associate
communications professor

"They are still ultimately responsible for acts, whether criminal or more socially acceptable. There are varying explanations for actions, but ultimately, people have to take responsibility."



Maurizio Gagliolo
Graduate
communications student

"No. People don't know the differences between right and wrong, and a fair punishment should be given."

MEDICAL NEWS

Students Beware of 'Date Rape Drug'

BY ANDREW KAMMERER

"Here, let me get 'ya another drink," says a courteous gentlemen at any college house party across the country, but what once was a act of "gallant-party-chivalry" has recently turned into a new way of spiking the punch.

Rohypnol, a sedative, has been branded the "date-rape-drug" after reports showing the use of the drug to commit rape.

Rohypnol, also known as "roofies, rope, roach and the forget pill" is a sedative related to Valium, but 10 times stronger. It has been recently been in the news because of the rising number of Rohypnol-related cases at the university.

According to Sarah Calhoun, research director for the Haight-Ashbury Free Clinics Inc., young people use the drug to enhance the effects of alcohol or marijuana. Calhoun also says the risk of an alcohol blackout, or amnesia, increases as more of the Rohypnol is taken.

The effect isn't strictly unconsciousness, Calhoun said. A person can be up and walking around while on the drug, but the user does not store long-term memory to remember the event.

According to a article in The Chronicle of Higher Education, the drug has not been approved by the DEA for use in the United States, but is legally available in 60 other countries. The countries that have been especially watched for the transportation of the drug are Columbia and Mexico. This is why cases of the drug's use are the highest in Florida, Texas, and California.

According to Newsweek magazine, 2,000 "roofer" seizures have been reported in 32 different states. The border states again turned in the highest amount of cases; Texas with 489, Florida with 58, and Oklahoma with 33. The U.S. Senate has recently passed a bill toughening penalties for possession of the drug to commit a felony, and made penalties for manufacture, distribution, and possession equal to those of heroin or

--see Rohypnol, page 11--

'Everybody deserves to be born well'

Midwives Help Women Reach their Potential'

BY NIZ PROSKOCIL

Expecting moms have a multitude of choices in everything from prenatal care to the methods they use to give birth. One of those ways is midwifery—the act or art of assisting at child-birth.

Martha Groggel, director of nurse-midwifery at the University of Nebraska Medical Center, said midwives are also nurses with additional training or master's degrees in nurse-midwifery.

"We come from both disciplines. We're midwives and we're also nurses," said Groggel, who has a doctorate in health education.

Groggel said 75 percent of women who are served by nurse-midwives are under served or indigent and live in inner-cities or rural areas.

Groggel said, midwives put responsibility back into their clients' laps. "I can't eat right for somebody. I can't stay away from cocaine and stop smoking and reduce my stress," Groggel said. "They have to do that."

The midwife philosophy is that everybody deserves to be born well regardless of income or status. But more than anything, Groggel said, it's a philosophy of nonintervention except when necessary, of letting women speak for themselves, of encouraging them, of supporting what's normal and screening what's abnormal and referring when necessary.

"It's about not fixing things for women, it's about helping them reach their potential," Groggel said.

Nurse-midwives and obstetricians work together as a team and always work in conjunction with a physician. Ninety percent of births—when managed well with early prenatal care and guidance—are normal. Groggel said they may require small amounts of intervention but mostly guidance and care.

Ten percent of births, however, are going to be abnormal. "Women who get hypertension, there are going to be problems with placenta that aren't implanted in the right place and so we work as a team," she said.

Groggel said this team of midwives and OB/GYN's is a good combination. "Not only do you have the expertise of someone who knows how to encourage women to use their own intuition and brain power, but you also have the expertise of medical specialists and consultants from University Hospital," she said.

"The flexibility that we allow in birth is that there are really no rules—as long as it's safe," Groggel said. "So if she wants to have both sets of grandparents or toddlers present, or stand during labor or walk around, or use the warm shower or be squatting at birth ... As long as the baby is safe and this helps the mother to relax and dilate, that's great."

Groggel said birthing is usually done in a small room at the Med Center, which is currently undergoing renovations for 'birth suites.' Groggel said using a Jacuzzi is ideal because it helps the woman relax and takes pressure from the back when the uterus is contracting. People can also bring in their own music.

"I think what you're going to hear from our clients is not, 'Oh, thank you nurse-midwife, you saved my life, you delivered my baby. What you'll hear as she pushes the baby's head out or holds it in her arms is, 'I did it.' And there's nothing that they can't do in life once women get the idea of their power."

Midwives occasionally use epidurals as anesthesia for

--see Midwives, page 11--

DID YOU KNOW:

- According to the FBI, a spouse or partner is battered every 15 seconds.
- Domestic Abuse can be physical, emotional, sexual or psychological.
- It is estimated that 1 out of every 5 college students is in an ABUSIVE RELATIONSHIP.

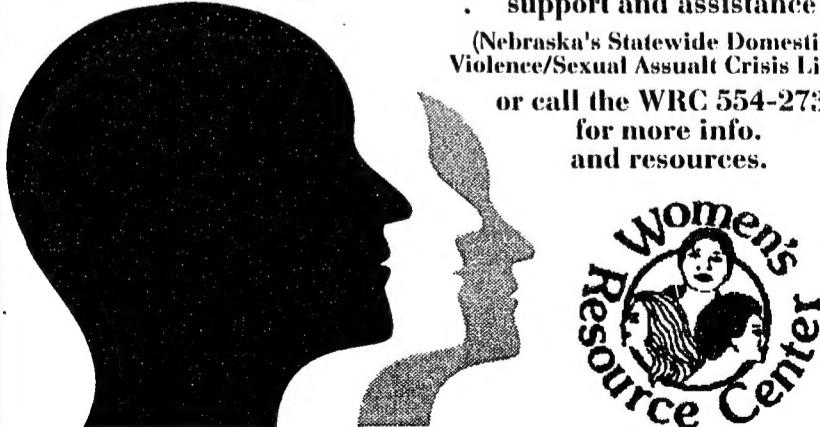
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Early Detection, Regular Examinations Help Women Combat Breast Cancer

By SAVONDA N. JOHNSON

Breast Cancer is the second leading cause of death among women, according to the National Cancer Institute. An estimated 34,560 women will die of breast cancer in the United States in 1996. In Nebraska alone, 1,300 women will die this year.

Today, the technology of mammograms, clinical breast examinations, and the increase of monthly self-breast examinations has allowed earlier detection of treatable cancers. These have combined to decrease the rate of women dying of cancer from previous years.

"Some risk factors of breast cancer are obesity, and neglecting to get a mammogram," said Deloris Starks, an Outreach Worker for the Charles Drew Health Center's "Every Woman Matters Program" in a Tuesday morning telephone interview.

Sam Johnson, a nursing manager of the Pediatric Clinic at Ehring Berquist Air Force Base Hospital, said signs such as a lump may be detected by doing a complete monthly breast exam. It takes as long as two years for a physical sign of breast cancer such as a lump to show up, she said. Most lumps are detected by the female's boyfriend or husband, said Johnson.

"Every Woman Matters" started in Nebraska and has expanded nationwide. The program was started to reduce the number of untreatable cancers among women in low income situations, and to increase the numbers of early detection in that same group of women. The program, which is federally funded, pays for some clinical breast exams, mammograms, and cervical cancer screenings.

Starks said she became involved with the "Every Women Matters Program," because, "I was so interested in the program, and I also wanted to educate others such as minorities to take an active role in their health. In the North Omaha community, we have a hard-to-reach-group, so I go to community meeting places, and churches and put on a workshops about breast cancer."

"Risks are higher in the U.S. for African-American women and Latino women. Breast Cancer has been a very present topic among Caucasian women, allowing their (breast cancer) rate(s) to drop," Stark said. "However, the U.S. has a greater number of cases of breast cancer than other countries, and it doesn't make sense because we have lots of resources. We just need more awareness."

Age is another very important risk factor. The risk increases

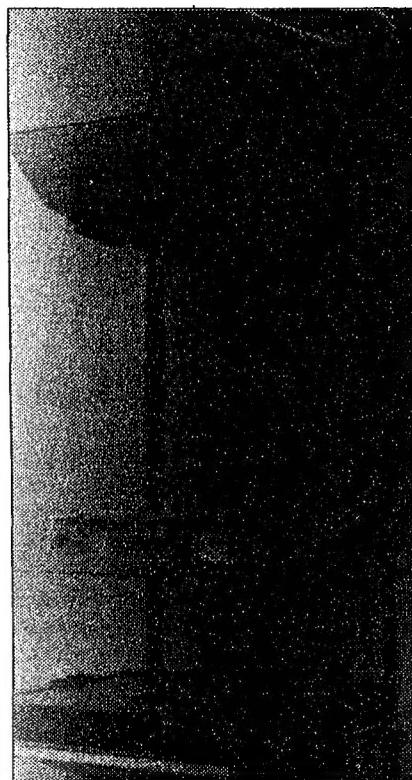
as a woman ages. "A woman who is at the base age of 40 needs to have a mammogram," she said.

Starks said other risks include smoking, diet, and lack of exercise. "Smoking definitely increases a woman's chances. A healthy diet, and adequate exercise will also help to decrease a woman's chances of getting breast cancer," Starks said.

"Some other aspects that can put a woman in a high-risk group are the number of periods a woman has or has had, and whether or not she began menstruation before the age of 12. Family history is another major cause of breast cancer," Starks said.

According to the National Cancer Institute 5 percent of women who have a family history of breast cancer will get it. Women who do not have children are also more likely to get breast cancer.

The most important things a woman can do for early detection of breast cancer are doing monthly breast examinations, and getting regular mammograms.



Jeri Chase

Medical equipment used to detect breast cancer, through mammogram testing, has become an effective tool in early detection and survival of this form of cancer.



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Smoking: How to Stop...For Good

By NIZ PROSKOCIL

Smokers are bombarded by ads for smoking cessation products.

There are patches, there is gum. But how do they stack up against support groups, counseling and behavior modification techniques?

David Daughton, behavioral researcher at the University of Nebraska Medical Center, said the Med Center is among the first sites in the United States to be involved with clinical trials to develop and investigate new ways to help people quit smoking.

Daughton said research has shown that nicotine replacement in sufficient doses can help alleviate symptoms of tobacco withdrawal such as anxiety, irritability, inability to concentrate, increased hunger and headaches.

The tobacco withdrawal period for an addicted smoker who consumes more than 20 cigarettes a day, usually begins 4 to 5 hours after they have had their last cigarette. The withdrawal peak is at about 72 hours.

Daughton, who has worked at the Med Center for 25 years, said nicotine gum was one of the first products that "we were somewhat excited about."

Some might think smokers trying to quit could now easily just stick a piece of gum in their mouth instead of a cigarette.

But, Daughton said, one of the problems with nicotine gum is that it's not very easy to use.

There are a number of factors that affect the absorption of nicotine into the bloodstream, he said. And most people are not aware of the absorption factors of the gum to be able to use it properly.

"A lot of people try to get by on three or four gums per day and then they find themselves still smoking cigarettes," Daughton said.

Three or four 2-milligram pieces of gum a day delivers the equivalent of three cigarettes a day, he said. "For most people who smoke a pack a day, three cigarettes is not going to provide you with very much relief." Daughton said 10 to 15 pieces of gum per day initially could help prevent severe withdrawal symptoms. After a couple of weeks people can reduce intake to three or four pieces a day, and after six weeks of gum use people should wean themselves off all nicotine products completely.

Another problem with nicotine gum, Daughton said, is the pH levels in the mouth affect the absorption of nicotine through the mouth lining.

Drinking colas or coffee, for example, acidifies the lining of the mouth. If the person were then to chew a piece of nicotine gum, the nicotine would be unable to go through the lining to provide any benefit. Daughton recommends no food or drink half an hour before chewing nicotine gum.

Though most smokers do not intuitively know how to use the gum, Daughton said, chewing-tobacco users, however, are familiar with the delivery system of nicotine absorbing through the mouth lining.

"Nicotine gum represents a good alternative to help tobacco chewers quit," Daughton said.

Daughton is currently analyzing data from a study conducted at the Med Center looking at health benefits in the lung from cigarette reduction by using nicotine gum. He is also looking to see if anti-depressants can help people quit smoking. For the most part, Daughton said, their use has not been very successful. The study began about a year ago and continues for another six months.

Over-the-counter nicotine gum has not been shown to be "all that effective" because it can be difficult to use. Nicotine patches, however, have several advantages over the gum. The primary advantage is that it's easy to use.

"Patches work very well," Daughton said. "They reduce your drive to smoke quite a bit."

Some people, though, are still tempted to have a few cigarettes because patches don't completely wipe out the drive to smoke, but they do play a role in providing a "soothing kind of effect" for people who can't last six hours without a cigarette. Plus there is a low amount of interaction with nicotine patches, he said.

Smoking is a difficult habit to quit, similar to drug or alcohol addiction, Daughton said, which is why people try to develop "new and novel techniques to help increase the quit rate."

Some of those methods include the use of counseling, behavioral modification and relaxation techniques.

Dr. Kelly Morrow, psychologist at the Med Center, said patches help with the nicotine withdrawal, but the main reason people have trouble quitting or relapse after quitting is the behavioral addiction.

Morrow said she tries to change people's thoughts about smoking by helping them to identify reasons they smoke, whether it's to help them get through boredom or to cope with stressful

--see Smoking, page 11--



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SPORTS

Tallest Player in Conference, Murphy, Looking to Start Over at Age 29

By TONY REINKE

All that UNO women's basketball coach Cherri Mankenberg wanted for Christmas last year was a mature, 6-foot center. One day in 1995, she woke up with the tallest and oldest player in the North Central Conference waiting to play.

After sitting out 1995 as a transfer, 6-foot-4-inch Idelle Murphy is ready to step into the starting role and give Mankenberg some much-needed height.

"Our inside game was the one ingredient that we have been missing," Mankenberg said. "We

expect to be more competitive this season with our size."

Last season, the top six scoring centers in the conference were over 6-feet tall. Michelle Spelman, at 5-feet-11-inches, was as close as the Lady Mavs had to a starting center. The NCC took advantage and limited UNO to a 8-10 record.

Mankenberg brought in three new centers for 1996 including Murphy, and freshmen Jenny DeSmet (6-feet-1-inch) and Angie Schroer (6-feet-2-inches). But Murphy is the one that stands out. "(Murphy) can be just as important on defense as she is on offense," Mankenberg said. "She can shoot with either hand, but she plays smart defense which may keep her out of foul trouble."

At 29 years, Murphy is the oldest player in the conference, and the most mature on the Lady Mav roster. The junior will have two years of eligibility to spare after a long road to UNO claimed the other two.

Her road started at Omaha Bryan High School. After graduation in 1986, she played a full year of basketball at Peru State College. A year later she landed at Highland Community College where she played one semester and averaged 15 points per game.

In 1989, her basketball career nearly ended.

At Southwestern College in Kansas, her third school, she tore anterior cruciate ligament (ACL) in a summer preseason game. Murphy came home to Omaha.

"I was out of shape, trying to get into shape and play basketball," Murphy said. "I was doing too much too soon."

After she returned home, Murphy took on several jobs in the manufacturing and production fields.

"I was better than my job," Murphy said. "I wanted another try so I came back to school and get my degree."

And she wanted another shot at basketball.

--see Murphy, page 11--



Chad Greene

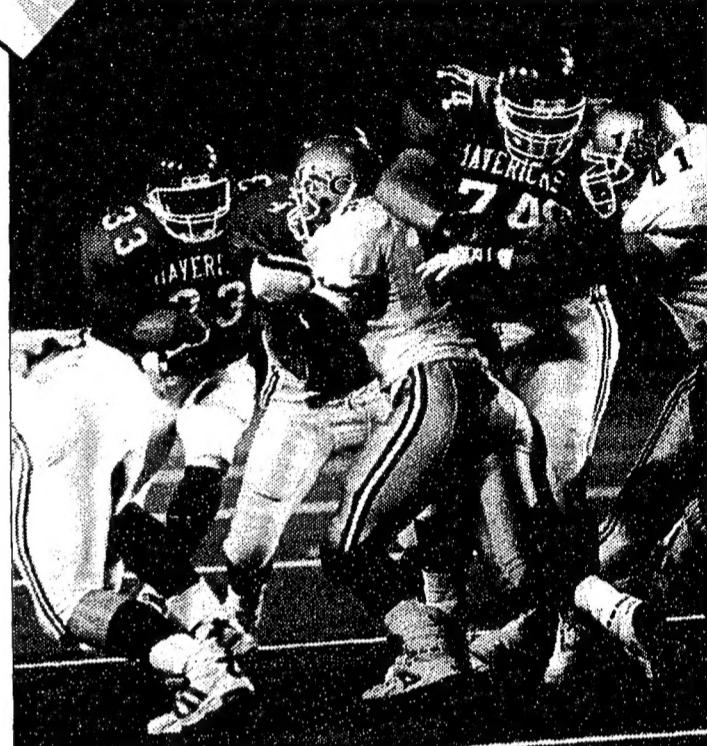
Newcomer Idelle Murphy is looking to solidify a starting role.

Lady Mavs' Streak Continues



Jason Young

Amy Steffel, one of the Lady Mavs' best setters, and the Lady Mavs will look to continue their winning streak this weekend. For their starting roster, see page 10.



Runningback Melvin McPhaul and UNO will go up against one of the top defensive teams in the NCC.

Jason Young

Football Team to Face Top Quarterback

By TONY REINKE

Pat Behrns and the Maverick football team will try to prevent another nightmare against Augustana when they travel to Sioux Falls, S.D. Saturday.

Late last year at Al Caniglia Field, the Mavs were outgunned by all-NCC quarterback Pat Graham. The Viking passed for 331 yards and completed 33 of 57 passes with no interceptions.

Augustana won 28-14.

"He completely controlled us," UNO Head Coach Pat Behrns said. "This game brings back bad memories."

Last year, Graham set five different single-game records in NCC play. In a game last season against Mankato State, he passed for records in completions (42), attempts (62) and yards passing (564). Against UNO last year, he broke his own record of offensive attempts with 69.

This season, Graham has thrown more touchdowns (10) and passed more accurately (55.6 percent) than anyone, and ranks second in passing yards (1,159).

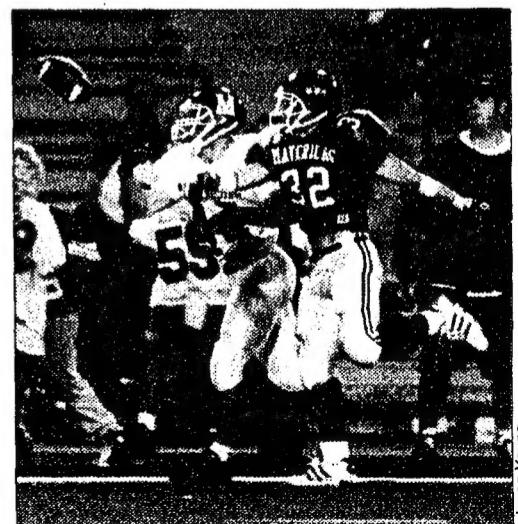
"Their passing game is just good," Behrns said. "They have a good combination of speed and they catch the ball very well."

Graham, the NCC's player of the week Oct. 5, has three targets: Matt McPhie, Chad Gomarko and Mitch Pruitt. All three rank in the top 10 for receptions per game.

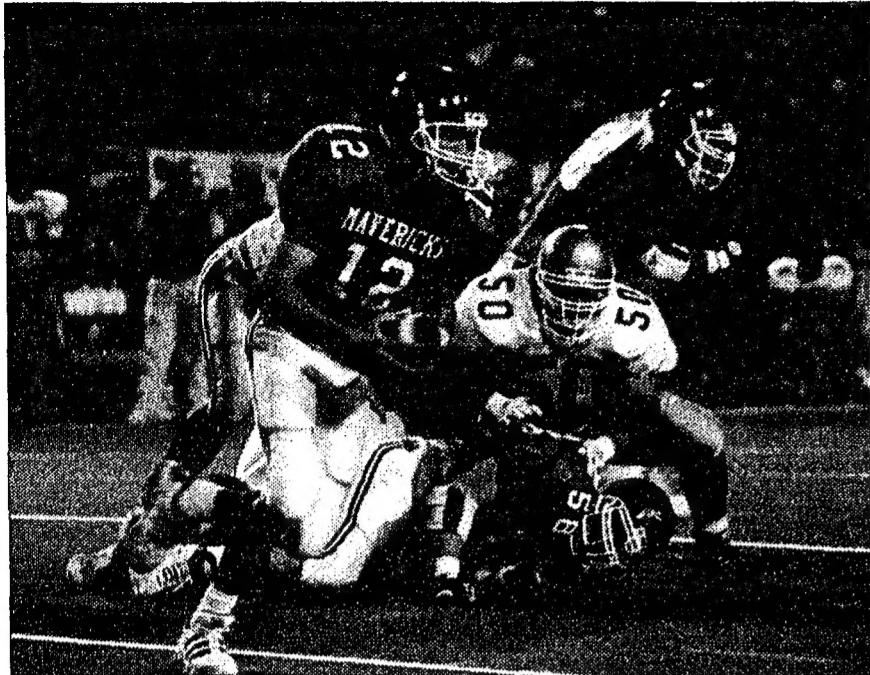
Nathan Tate (#32 in photo at right) will be starting for the Mavs Saturday against Augustana.



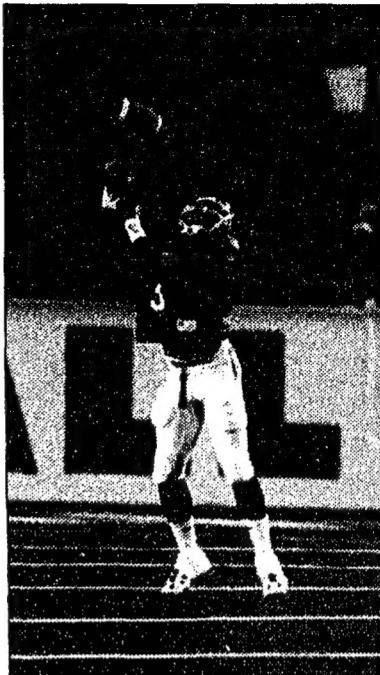
GRAHAM



Jason Young



Quarterback Ed Thompson leads the UNO offensive attack into South Dakota Saturday.



Returnman Jake Young will look to give UNO some much-needed big plays when they travel to Augustana Saturday.



Football Team Becoming More Confident on Road

BY BRANDON BROWN

The Mavericks charged forward last Saturday against Northern Colorado in a hard-fought victory.

Augustana College, UNO's opponent Saturday, looks to provide the Mavs with a rough time. The game is pivotal for the Mavs. UNO is in the race for first place in the conference — tied with North Dakota and South Dakota State. The Mavs have already beaten North Dakota, and will face South Dakota State in three weeks.

"This game is critical," Head Coach Pat Behrns says, "but we have to stay focused and not worry about what's ahead."

In their first game away from home, some UNO players were untried on the road. Now, after two trips and two exciting away games, UNO appears to be ready to face anyone, whether away or on their own

turf.

"We aren't concerned with where the game is," Head Coach Pat Behrns said, "whether at home or away, we just get in there and play."

Although UNO has won major games on the road, they have lost in the past to Augustana. The Mavs have shown that they can break with precedence and overcome their shortcomings of long ago.

The UNO teams have all shown that they are capable of having winning seasons.

UNO moved to No. 8 in the Division II poll after their win over Northern Colorado last Saturday. Their performance in that game was a preview of what we can expect against Augustana this Saturday. The Mavs have consistently played

well against all the teams they have faced. Slowly, they have moved into top 10 territory, and they now look to take the top spot.

Augustana looks to shut down the UNO pass offense, but the Mavs show no signs of changing their style to combat the Coyote's defense.

"We just put our game plan in and don't worry about how the other team tries to stop us," Behrns said.

With a team like the Mavs, Behrns should have no worries about any other team trying to shut his passing offense down or trying to stop their running game. Nothing but a winning season from the Mavs can be gained, if they stick to their game plan and play with the type of intensity they have displayed in the past.

Sidelines

The UNO Cross Country Squad to Compete in South Dakota

The Lady May cross country squad will compete at the South Dakota State Invitational in Brookings, S.D. on Saturday.

The team finished second to NCC for North Dakota in their last competition in Yankton, S.D. two weeks ago.

Steffel Named National Player of the Week

Volleyball setter Amy Steffel was named the American Volleyball Coaches Association Division II volleyball player of the week for Oct. 21.

She led UNO in wins over UN-Kearney (No. 7), South Dakota and Morningside (No. 14). The senior has led UNO to their best start ever.

All-Americans Named Athletes of the Year

All-American softball player Denise Peterson and all-American wrestler Pat Kelley III have been named UNO's athletes of the year.

They were selected by sportswriters and sportscasters and will be honored on Nov. 6 at the 21st Annual UNO Athletic Hall of Fame Banquet.

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UNO VOLLEYBALL

1996 Recent Results/ Schedule

records: 10-1 in the NCC, 23-1
overall

This Week: The Lady Mavs travel to St. Cloud State and Mankato State.

SCSU is 15-9 and No. 10 in the country and
MSU is 13-8 and No. 22.

The UNO tournament

Aug. 30	Wayne State	W 3-0
Aug. 30	Missouri Western	W 3-1
Aug. 31	Pittsburgh State	W 3-0
Aug. 31	Truman State	W 3-0

The Barry Invite in Florida

Sept. 6	Florida Southern	W 3-1
Sept. 6	North Florida	W 3-0
Sept. 7	Barry	W 3-0
Sept. 7	Tampa	W 3-0

The NCC/North. Sun Tourney

Sept. 13	Northern State	W 3-0
	Bemidji State	W 3-0
Sept. 14	Southwest State	W 3-0
	Moorhead State	W 3-0

Sept. 20	at SOUTH DAKOTA	W 3-0
Sept. 21	at MORNINGSIDE	W 3-0
Sept. 24	at NO. COLORADO	W 3-2
Sept. 27	ST. CLOUD STATE	W 3-0
Sept. 28	MANKATO STATE	W 3-0
Oct. 4	at AUGUSTANA	W 3-0
Oct. 5	at S. DAKOTA STATE	W 3-0
Oct. 11	at NORTH DAKOTA	W 3-2
Oct. 12	at NORTH DAKOTA ST.	L 2-3
Oct. 15	at Nebraska-Kearney	W 3-2
Oct. 18	MORNINGSIDE	W 3-1
Oct. 19	SOUTH DAKOTA	W 3-0
Oct. 25	at Mankato State, 7 p.m.	
Oct. 26	at St. Cloud State, 7 p.m.	
	(MORE...)	

bold- home games

CAPS - North Central Conference Match

Lady Mav Starters, Non-Starters

STARTERS

setter: **Amy Steffel** #12 (5-7, Sr., Maplewood, MN, 13.14 apg, 2.85 dpg)
mid. blocker: **Tanya Cafe** #4 (5-10, Jr., Yutan, NE, 3.46 kpg, 2.53 dpg)
mid. blocker: **Kim Gerdes** #9 (6-0, Jr., Denver, CO, 2.60 kpg, 1.32 dpg)
outside hitter: **Erin Shafer** #8 (5-9, Jr., Colorado Springs, CO 3.57 kpg, 3.10 dpg)
outside hitter: **Christyn Malone** #5 (5-9, Jr., Pali-sade, NE 3.13 kpg, 2.75 dpg)
def. specialist: **Jamie Shafer** #10 (5-7, Soph., Omaha, NE 2.36 dpg, 28 aces)

RESERVES

setter: **Cheri Pribyl** #14 (5-6, Soph., Bellevue, NE)
mid. blocker: **Chris Brink** #11 (6-0, Fresh., Tracy, MN)
mid. blocker: **Krista Niezwaag** #15 (5-10, Fresh., Charles City, IA)
outside hitter: **Christy Fossum** #6 (5-9, Soph., Foley, MN)
outside hitter: **Korrine Boltin** #7 (5-10, Fresh., Omaha, NE)

MAVERICK VOLLEYBALL

1996 Recent Results/ Schedule

records: 10-1 in the NCC, 23-1 overall

Augustana: The Vikings are 2-3 in conference play.
Last Week: The Mavs defeated Northern Colorado, 15-14.
Radio: The game will be broadcast by Jim Keltor and Joe Patrick over KOSR, 1490 AM.

1996 UNO Schedule/Records

records: 10-1 in the NCC, 23-1 overall

Sept. 7	HASTINGS	W 3-0
Sept. 14	NEB-KEARNEY	W 3-0
Sept. 21	MANKATO STATE*	L 16-15
Sept. 28	at North Dakota State	W 3-2
Oct. 5	MORNINGSIDE	W 3-0
Oct. 12	at North Dakota	W 26-23
Oct. 19	N. COLORADO	W 15-14
Oct. 26	at Augustana, 1:00	
Nov. 2	ST. CLOUD ST. , 7:00	
Nov. 9	S. DAKOTA ST. , 1:00	
Nov. 16	at South Dakota*, 1:30	

bold- home games

* - North Central Conference Games

Maverick Two-Deep Roster for Saturday

OFFENSE

SE	1 MARTAY JENKINS (6-1, 183, Jr., Waterloo, IA) 26 Adam Wright (6-1, 196, Fr., Omaha)
LT	77 LARRY BROWN (6-1, 100, So., Hastings)
LG	65 Brian Jarrett (6-3, 285, RS/Fr., Lincoln)
C	70 CHRIS BOHER (6-5, 300, RS/Fr., Omaha)
RG	68 Steve Davieau (6-3, 295, RS/Fr., Falls City)
RT	71 BOB WEGNER (6-2, 265, Jr., Omaha)
TE	59 Andy Stine (6-5, 245, RS/Fr., Gretna)
QB	63 DAN POTMESIL (6-6, 300, RS/Fr., Omaha)
TB	74 Nick Prescott (6-3, 295, Fr., Omaha)
FB	72 BRIAN DONOHOE (6-4, 281, So., W.D. Moines, IA)
FL	79 Jason Lauck (6-4, 245, RS/Fr., Lake City, IA)
	84 BRIAN BENJAMIN (6-0, 225, RS/Fr., Stockton, CA)
	88 Pete Coniglio (6-3, 240, So., Omaha)
	12 ED THOMPSON (6-1, 175, So., Cambridge)
	5 Jared Hendershot (6-2, 178, Jr., Nebraska City)
	4 TYRONE TYLER (5-10, 175, RS/Fr., W.D. Moines, IA)
	33 Melvin McPhaull (6-2, 223, So., Omaha)
	7 Jeff Herdzina (5-9, 185, So., Columbus, OR)
	44 MICKY KOORY (6-0, 215, So., Omaha)
	22 Cale Good (6-1, 200, Sr., Dodge City, KS)
	3 JAKE YOUNG (5-9, 170, Sr., Davenport, IA)
	89 Yana Jones (6-2, 180, RS/Fr., Omaha)

DEFENSE

DE	43 GARY CHARLES (6-2, 245, Jr., Houston, TX) OR 90 Brent Neben (6-4, 232, Jr., Central City)
DT	76 BRYON HOLSTON (5-11, 213, Sr., Eliz. City, NC)
NT	64 Warren Whitted (6-1, 235, RS/Fr., Omaha)
LB	51 JAY WINEINGER (6-1, 265, So., North Platte)
DE	54 Jason Morris (6-2, 271, Jr., Omaha)
MIKE	86 DAMON HANSHA (6-4, 230, Sr., Los Angeles, CA)
LB	67 Hank deBoer (6-1, 240, RS/Fr., Omaha)
WILL	49 MARCELLES WALKER (5-10, 210, So., Omaha)
	37 Cedric Welch (5-11, 215, Jr., Omaha)
	46 JASON BARTLINE (6-1, 205, So., Sidney)
	96 Steve Gonzalez (6-1, 215, So., Omaha)
	42 DEMETRIUS RICHARDS (6-2, 205, Jr., Omaha)
	8 Lamar O'Neal (6-1, 195, Sr., Omaha)
LCB	32 NATHAN TATE (5-10, 185, So., Quincy, IL)
FS	36 Brian Mead (5-10, 170, Fr., Omaha)
RCB	21 Tony Krels (5-9, 175, So., Papillion)
RVR	16 BEN TITUS (6-0, 180, So., Omaha)
	30 Jamar Anderson (5-8, 180, Jr., Bellevue)
	6 PAT DAVIS (5-10, 185, Sr., N. Lauderdale, FL)
	2 Roben Brown (5-10, 170, So., N. Lauderdale, FL)
	20 NATE SULLIVAN (6-1, 205, RS/Fr., Omaha)
	25 Terrell Spears (6-1, 210, Fr., Brooklyn, NY)

SPECIALISTS

PK/KO	14 Paul Kosek (5-11, 170, So., Omaha)
P	17 Mike Horrell (6-1, 175, Fr., S. Sioux City) OR
Snaps	12 Ed Thompson (6-1, 175, So., Cambridge)
Return	18 Chris Boher (6-5, 300, Fr., Omaha)
Hold	64 Warren Whitted (6-1, 235, RS/Fr., Omaha)

--from Smoking, page 7--

situations. It's about figuring out how to deal with life stresses without cigarettes, Morrow said.

"I help them to develop new ways to cope with those situations...coming up with substitute behaviors like if they're used to smoking right after every meal I suggest that they do the dishes, stick in a piece of gum, or brush their teeth."

Relaxation techniques, Morrow said, such as deep breathing help to combat withdrawal symptoms such as irritability. Muscle relaxation, where specific groups of certain muscles are tightened then relaxed in a sequence, is also helpful.

Most people Morrow sees have tried to quit smoking before. She said it takes four or five attempts to quit for good.

At each attempt, Morrow said she tries to get her patients to see their attempts as not a failure but as a learning opportunity. If they can figure out why they went back to smoking they can try to avoid that happening next time.

Some people believe that methods such as quitting "cold turkey" are beneficial.

Mike Wadum, a spokesman for the American Lung Association, said nicotine replacement therapy has been shown to be successful in weaning people off nicotine, but completely withdrawing from nicotine all at once is still the best method.

"The side effects only last a certain amount of time anyway, and it's not much worse withdrawing from [cigarettes] altogether than it is slowly backing off."

Wadum said the ALA's research has shown that 90 percent of people who quit smoking for good quit "totally on their own."

"To us that means the personal, strong decision to quit is what means the most."

--from Rohypnol, page 6--

LSD. A new penalty of up to three years for simple possession of the drug has also been proposed.

DEA officials say the small white pills are easily smuggled because of the blister-type packaging and the vague package markings that read "Roche," after the Swiss company F. Hoffmann-La Roche. The drugs are also cheap, costing less than \$5 each.

Rohypnol is a prescription for the worst cases of insomnia and foreigners who carry it into the country have only been allowed up to a three-week dose.

The reason that the number of reported Rohypnol cases is on the rise is because more law enforcement and medical personnel are becoming familiar with the symptoms that come with the use. Many symptoms cannot ever be traced, however, because the drug can only be detected up to 60 hours after it is taken, said Calhoun.

UNIVERSITY² by Frank Cho



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SAN ANTONIO, TEXAS
ST. LOUIS, MISSOURI

1997 TALENT AUDITIONS! NEBRASKA REGIONAL AUDITION

Monday, November 4, 1996
The University of Nebraska at Lincoln
Culture Center - Upper Multi-Purpose Room
333 North 14th Street
Lincoln, Nebraska

OPEN AUDITION CALL: 10:00 A.M. - 4:00 P.M.
CALL BACK AUDITION: 6:00 P.M.

General Information

- ALL PERSONS AUDITIONING SHOULD PROVIDE A HEAD SHOT & RESUME.
- Dancers: Prepare a one minute dance combination. You may be asked to sing.
- Singers: Prepare four selections that display versatility. Provide sheet music in your key or track tape without vocals! Singers may be asked to dance. Accompanist provided.
- Musicians: Auditioning for rhythm section players (piano, bass, guitar, drums). Prepare a one minute solo. Must be proficient in several musical styles. Must be able to sight read chord charts. M.I.D.I. keyboard experience a plus!
- Actors: Auditioning for actors / stunt performers. Actors prepare a one-minute monologue. Stunt performers should have stage combat and high-fall experience and provide a video if possible.

Additional Information

You must be at least 16 years of age to audition. Rehearsals begin between January & March 1997. Some positions begin late May. Employment runs February - September depending on production. Employment extensions for special holiday shows may be available in some parks.

• TECHNICAL & WARDROBE INTERVIEWS HELD AT THE AUDITION • RESUME REQUIRED •
• CASTING OPPORTUNITIES AVAILABLE AT OTHER SIX FLAGS LOCATIONS •
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Another factor that supports the lack of detection is the waiting period many rape victims go through before they come out to the authorities.

The Omaha Police Department's narcotics unit has heard of the drug being used at large universities, but only notes a few reports of its use locally.

Hoffmann-La Roche shared their concern about the drug, announcing that it will pay for the test for the drug in any rape victim, and has also started an ad campaign saying, "Watch your drink," informing college students to be aware of Rohypnol's use.

--from Midwives, page 6--

women who need them, but Groggel believes that encouragement, companionship or simply rubbing the woman's back is very helpful with labor.

"I can medicate that out of somebody, but we're about a whole process of life and making families. We're not going to rely on technology but use technology where it is needed," Groggel said.

"Every single thing in my life that has been meaningful, that has pushed me on to a new stage of growth, has required pain."

Groggel said she wants women to have a choice. If it's the family doctor who best serves her needs, great. If she feels more comfortable with an obstetrician, that is also good.

Women choose to use midwives for different reasons, Groggel said. Sometimes it's from fear of providers they have had in the past, and sometimes it's because they've gone to the point where they want to be an integral part of the decision-making process.

Groggel, who has been a midwife for 16 years, said there are 3,000 midwives in the United States who deliver about 6 percent of the babies born in the country.

Groggel said she was working at a Navajo reservation when she noticed how different the Native American birthing techniques were compared with the model she had seen in hospitals.

"I wanted to learn why these women were able to birth and why the atmosphere and attitudes about the process of pain are different in certain cultures."

Groggel said midwifery started with a program in Kentucky known as the "Nurses on Horseback." There was not a physician within a thousand square miles and the nurse-midwives were on horseback.

Groggel said an insurance company in the 1930s conducted a study and found that this group was able to reduce the infant mortality in the area to a lower rate than in the city.

The nurse-midwives were not only delivering babies but were immunizing children and teaching people about proper nutrition, gardening and sanitation.

"It's not just my profession—it's my life," Groggel said of being a midwife. "It spills over into every bit of my work."

--from Murphy, page 8--

In the summer of 1995, Murphy came to Mankenberg, looking for a shot at the Lady Mav roster. "I get a lot of those calls and I like to visit and entertain people," Mankenberg said. "She walked in my office and had to duck to get into the door — she definitely had my attention."

Murphy's height has the attention of the conference, too.

"A lot of teams don't know my ability," she said, "but they're already intimidated. It's a mental advantage." A mental advantage that Mankenberg needs in the NCC.

But the big question is how Murphy will react in league play. Although she watched UNO last season and watched NCC teams, Mankenberg doesn't know how she will react in conference play. It may not be until January that Murphy's spot on the roster is secure, Mankenberg said.

--from Guilfoyle, page 4--

don the people. 1996 rolls around, and now Nelson finds it more suitable to his "cause" by running for Senator. Can we really throw support into a candidate full of broken promises?

There are other issues that need to be addressed. If Gov. Nelson is elected as U.S. Senator, the reins of the governor would be handed to Lieutenant Governor Kim Robak. On a political scale, she would be considered a bed-wetting liberal. She is pro-choice, and an advocate of gun control. This situation is being handled like royalty, where Lt. Gov. Robak, the crown princess, would become the queen. This is not democratic! Gov. Nelson should hold true to his word. If he believes a man's word is his bond, he should complete his term as Governor. Let the voters decide if Robak is suitable to run our state. The people do not need to be manipulated by casting a shadow over the "changing of the guard".

This race is a difference of philosophies. Lt. Gov. Robak previously stated in an interview, "as long as government is not involved in the decision to have an abortion. That's a personal decision." Why can't the same concept be applied to our taxes? It would read something like this: "As long as government is not involved in the decision to raise taxes. That's a personal decision." It is the taxpayer's money, not Washington's. Hagel realizes this, and intends to give more of the money back to the people it belongs to, not to increase unnecessary bureaucracies.

Governor Nelson's fear tactics are wasteful in this senatorial race. "The only thing we have to fear is fear itself," and Nelson has filled the role of fear monger adequately. By profusely attacking the character of his opponent, he has lowered himself to playground antics. Chuck Hagel is the clear choice for an honest and effective U.S. Senator. He is a man who stands by his word, something that has been lacking in the Governor's mansion for far too many years.

RECEPTIONIST/CASHIER PART-TIME \$7.01/HOUR

We are looking for **energetic** and **friendly** Receptionists to greet customers at our warehouse, enter information onto the CRT, perform various clerical support duties. Qualified candidates must have previous customer relations experience, data entry skills of 50 KPM and possess excellent customer service skills. Candidates must successfully complete a background check.

Candidates for the Appliance/Electronics area handle cash transactions. Must have 6 months cash handling experience and credit history will be considered.

Furniture area: Tuesday, Thursday, Friday 4:30pm-9:15pm, Saturday 8:30am-6:15pm

Appliance/Electronics area: Wednesday, Thursday 4pm-9pm, Friday, 12pm-9pm, Saturday, 8:30am-6pm, Sunday 12pm-6pm

**Candidates may apply by calling 255-MART
Monday-Friday 9am - 4pm or apply in person at
the Human Resources Office in the far west end
of Mrs. B's Clearance and Factory Outlet during
regular store hours.**

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Division of S.S.B.M.
University of
Nebraska at Omaha

Intramural Scores FOR THE WEEK OF OCTOBER 14 THROUGH OCTOBER 20

7-on-7 FLAG FOOTBALL

<u>Fraternity "A" League</u>	
TKE vs Lambda Chi	12-6
VETS vs Theta Chi	13-6
Sig Eps vs Pikes	12-7
<u>Fraternity "B" League</u>	
Sheepherders vs Pike Pledges	6-0
Pike "Z" vs Road Kill	14-0
House of Pain vs Feit	23-6
<u>"A" League "Green Pool"</u>	
Florida vs Phelta Thi	0-0
Husker vs Craniums	25-19
M2 vs Grab Deez	34-0
<u>"A" League "Red Pool"</u>	
Madden vs Speed	0-0
Rookies vs Free Agents	28-0
Team K-Mart vs Dawgs	20-0
<u>"B" League</u>	
ALAS vs Blackshirts	0-0
Fire & Forget vs Boose	0-0
All Defense vs Wags & Women	29-12

TENNIS

<u>Green Pool</u>	
Palmesano vs Medina	3-0
Cervantes vs Gifford	3-0
<u>Jaworski</u>	
<u>Yellow Pool</u>	
Ford vs Shin	2-0
Kassal vs Williams	0-0
<u>Red Pool</u>	
Williams vs Wisniski	0-0
Heldrung vs Livingston	0-0

3x3 BASKETBALL

<u>"A" League</u>	
Joint Brothers vs LBK Crew	21-17
Razorbacks vs The Squad	21-15
Mulcahy vs Voc Raiders	0-0
<u>"B" League</u>	
Monday Pirates vs Grants Team	0-0
Critser vs Ostlund	0-0
The Nips vs Hoops	21-17

4x4 SAND VOLLEYBALL

<u>Co-Rec League "Green Pool"</u>	
Hanson vs SAB	0-0
Yakuza vs Spikers	0-0
Players vs Beach Bums	0-0
<u>Co-Rec League "Red Pool"</u>	
Ink N Blink N vs Sand Beasts	2-0
Beach Bums vs Nameless	2-0
Cordle vs Volley #1	0-0
<u>Women's League</u>	
Zeta #1 vs Spike It	0-0
Zeta #2 vs Dug It	0-0

Note: Teams in **Bold** won their individual leagues.

AEROBIC SCHEDULE ALL FREE CLASSES

Monday, Oct. 28th	Tuesday, Oct. 29th
10-11 am	noon-1 pm
noon-1 pm	5-5:15 pm (Basic Step)
2:30-3:30 pm	5:15-6:15 pm
5:15-6:15 pm	7:15-8:15 pm

Wednesday, Oct. 30th **Thursday, Oct. 31st**
10-11 am noon-1 pm
noon-1 pm 5-5:15 pm (Basic Step)
2:30-3:30 pm 5:15-6:15 pm
5:15-6:15 pm 7:15-8:15 pm

Friday, Oct. 25th & Nov. 1st **Saturday, Oct. 26th & Nov. 2nd**
noon-1 pm 9-10 am

ARCHERY LAB (Supervised)
Open Mon. & Wed.
11 am - 12:45 pm
All Fall Semester

Chemical-Free seminar
presented by Jeff Kuhn
of UNO Alcohol & Drug Education.
Tuesday, October 29, 1996
Rm 109 HPER 6pm-7pm

Special Events at HPER
Annual Halloween Festival
Thursday, October 31st
6p.m.- 8p.m.
kids, parents, families
all invited

We Also Need Volunteers!
for our spookhouse, creative room,
and candy room for kids.
UNO Clubs & Organizations
please give us a hand!
Call Angel 554-2539

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CLASSIFIED ADS

NOTICES

Advertising will be rejected that discriminates based on age, race, color, national origin, religion, sex, disability, marital status or sexual orientation.

LOST & FOUND

FOR ITEMS LOST AT UNO.
Contact Campus Security, EAB 100, 554-2648. Turned-in items can be claimed by a description and proper identification.

Advertising for items lost or found on the UNO campus will be published free in the Gateway for two weeks. Forms are available at the Gateway Office located in Milo Hall 1st Floor.

ADOPTION

Adoption - A Caring Alternative Plan the best future for you and your baby
No fee/ confidential counseling
Nebraska Children's Home
3549 Fontenelle Blvd. 451-0787.

PERSONALS

Set wants you! Join the 2% who have tossed their television. TV addiction is destroying your mind! The Student Revolutionary Strike Force SRSF says: Join the Soc. to eradicate television. Box 10491 Oakland, CA 94610-0491. Don't squeeze the twinkies. Che G.

JUST A MATTER OF GOOD BREEDING! SEE WHAT WE'RE TALKING ABOUT AT UNDERWATER FANTASIES, INC. 5119 N.W. RADIAL HWY. (JUST EAST ON BENSON) 558-4172

The UNO Career Center and the African-American Organization present Diversity in the Work Force: 90's Style. Tuesday, Oct. 29, 11:30 am-12:30 pm, Gallery Room 3rd floor MBSC. Guest speaker Terri Jackson-Miller.

MEET PEOPLE IN YOUR AREA! Set up a voice box to meet men and women. DIVERSE LIFESTYLES TOO! CALL 1-900-407-7072 ext. 901 \$2.95/min 18+ T. tone only. 24 hour

FREE PREGNANCY TESTS
No appointment needed
5001 Leavenworth or new north Omaha location: 1723 N. 33rd St. - lower level Call for hours

EPS Pregnancy Services
554-1000

GROUPS AND ORGANIZATIONS

Pre-Physical Therapy/Pre-Occupational Therapy Club will have Anna Silvius, Director of Admissions for Creighton Physical Therapy and Occupational Therapy Schools come and speak in the Council Room, 3rd floor of MBSC at 8:00 am Wed., Nov. 6. Contact Michelle Hanson at 896-8455

The Gateway is the ONLY place to keep up on the exciting, never-ending Student President/Regent race. Will it be Jason or Wally? Or perhaps a dark horse candidate will appear out of nowhere? Don't miss a second of this exciting race. Catch it right here! It's a Gateway exclusive!

HELP WANTED

EARN EXTRA \$\$\$
Erin Court Catering is looking for good employees. Positions available are floor banquet help and kitchen help. We offer free meals, flexible scheduling and competitive wages. Your choice-work days or evenings....a little or a lot. Apply now! 4714 N. 120th (Between Fort and Maple) 496-3000

Needed: Math tutor for 8th grade student. 2-3 sessions/week. Must work out of student's book. Call Dan for more info. Wk: 556-5677, Hm: 558-8248.

Models wanted: Earn extra cash and merchandise for Christmas. All sizes. No experience nec. E-mail cnewcomb for more info.

CROSSROADS BRIDAL
340 N. 76th St. Part-time sales. Daytime & weekends. Must apply in person. 391-0341

ACT NOW
Landscape Construction Company needs help building modular retaining walls. Now til winter. Call business owner and UNO student Larry Buland 493-5153 or cellular 690-5454. Start now. (800) 862-1982 ext. 33

GET PAID TO STUDY!
Counter help needed at dry-cleaning. Mon-Fri. 1-7p.m. and Sat. 9-2p.m. Must be cheerful and reliable. Call 573-1108

PUBLIC ANNOUNCEMENT
Winter's Here!
Make sure you drive carefully and remember to turn off your lights!

Earn Money/Free Trips Promoting Spring Break Travel Packages!
Inter-Campus Programs 1-800-327-6013 or <http://www.lcp.com>

Women Needed (19-27 years) for a 3-year calcium study. If you are a non-smoker, in good health, and have a poor diet, especially dairy products, you may qualify. Stipend. Call Betty Chin at 280-4819, Creighton University Osteoporosis Research Center.

Full & Part time positions available. Cashiers, Courtesy Clerks, Service Depts.—Deli, Bakery, Produce & Grocery. Office Depts.—Bookkeeping & Pricing. Paid Vacations, premium pay, 401K & profit sharing. Apply in person at CUB FOODS, 770 N. 114th.

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44th & Farnam

Now hiring part-time help for all positions. Days and nights available. We offer an exceptional work environment, 1/2 price meals, flexible scheduling and great managers! If you can work only 5 hours or want 50 hours we would like to talk to you! Apply after 9 a.m.

RETAIL SPACE
3000+ sq. ft. for lease. Ground floor, bathrooms, for retail, meetings, office. 41st and Farnam. 342-1669

FOR SALE

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Name An Actual Star For Someone. \$33. Star Directory. 1-800-500-3128

HALLOWEEN COSTUMES
Wild, crazy, affordable, one-of-a-kind. Good selections and good prices. 551-0727 evenings and weekends.

1966 Ford Mustang
Call Curt at 895-4685 after 7pm during weeknights, or anytime on the weekend. Perfect for restoration. Fully restored '66's go for \$15,000.00. New parts are easy to find. \$1,500.00

HOUSING

APTS., HOUSES and sleeping rms. for rent, roommate lists - call UNO Housing Referral Service 554-2383 or stop in the Admin. Office, Milo Hall Student Center.

STUDIO APARTMENTS for rent near 38th and Cumings St. 2nd story of house. Call Randy 556-4923

I've watched you playing pool. I thought you were so cool. You smell just like a rose. You're heaven to my nose. When you reach back for your billfold, It's not the cash I want to hold. But this is all so sad. The fun we could've had. We'll never get to realize, Unless you call me, lad!

STUDENTS WANTED
1 and 2 bedroom apartments available starting at \$420. Gas heat paid, indoor and outdoor pool, exercise facilities, sand volleyball, Clubhouse with game room and a lot more. Come join the fun. Citadel Apartments 84th and Q St. 592-5008

SERVICES

Professional Tutoring in ESL-English as a Second Language Scholastic - Conversational. Call Jim 738-9304.

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